## 8<sup>th</sup> Grade Football Information



## General Information:

- 1. Equipment pick up is the same day and time as schedule pick up.
- 2. We furnish all of the football pads, helmets, pants & jerseys. (If your son has his own equipment, we will need to check and make sure it is still safe to use at the middle school level) \*\*What you will need to furnish:
  - a. Silver (Grey) Murphy Athletic shirt (two would be wise to buy)
  - \*\*Order Info: <a href="http://www.murphymavsshop.com">http://www.murphymavsshop.com</a>
  - b. Navy Blue Shorts (two would be wise and keep a clean pair at home)
  - c. Mouthpiece(more than one would be best)
  - d. Football cleats
  - e. Towel
  - f. Flip-flops (sandals) for shower & Deodorant (NO AEROSOL CANS)
  - h. New Athletes need a Physical (by physician) & everyone needs a medical history (by parent) to be filled-out before your son can even practice!

\*\*If you had a physical completed in  $7^{th}$  grade, you do not need a new one as they are valid for 2 years.

Please note if you have a yes on #1,2,5,7,11 or 17 on the medical history form—your son will need to see a physician to retake a physical.

1. Practices: NO PHYSICAL/MEDICAL HISTORY FORM BY FIRST THURSDAY OF SCHOOL YEAR-WE WILL ASK COUNSELORS TO REMOVE FROM ATHLETICS!

Drink water during the day, during practice & after practice Locker Room opens 15 minutes before practice

1st day of school: No practice=picking up physicals/medical history forms

## Passing out paperwork=Due ASAP!

2<sup>nd</sup> day of school: T-Shirt and Helmets on the field by 7:15

3rd day of school: T-Shirt and Helmets on the field by 7:15

 $4^{th}$  day of school: T-Shirt and Helmets on the field by 7:15

 $5^{\text{th}}$  day of school: T-Shirt and Helmets on the field by 7:15

 $6^{\text{th}}$  and  $7^{\text{th}}$  day of school Shorts, Shoulder Pads, and Helmet on the field by 7:15

8<sup>th</sup> day of school Full Pads , be on the field by 7:10 First Days of Full Contact Full pads=full contact=ICE, ICE and more ICE! They will be sore!

## Schedule Highlights for rest of the year

Students must be all the first 10 practices to play in the first game.

Ticket prices at the gate are \$4.00 for Adults and \$2.00 for Students.

The Silver team plays at 5:30 and they stay after school. You can order a meal for them through our meal plan or you can bring them something to eat.

The Blue team returns to the school at 5:15. Their game will start at 7:00

All Players must ride the bus to and from the game.

Players will dress up on game days. They are expected to wear the best clothes that they have.

Practices will start at 8:30 on game days and days after games.

Coach Woodyard's e-mail address if you have any questions <a href="mailto:mark.woodyard@pisd.edu">mark.woodyard@pisd.edu</a>